

NEW E-cigarette/vaping resources

available for students, parents and teachers

The use of e-cigarettes (also known as “vapes”) is increasing among young people in Tasmania.

Parents, teachers, and other school staff are concerned about vaping in Tasmanian schools.

The Department of Health has launched new resources to raise awareness and knowledge of the harms of e-cigarettes and vaping and to help change the attitudes and behaviours of young Tasmanians.

The “Do you know what you’re vaping?” resources were initially developed by New South Wales (NSW) Health and have been rolled out across several jurisdictions in Australia.

NEW “Do you know what you’re vaping?” Resources

The “Do you know what you’re vaping?” resources are evidence-based and were developed by NSW Health in consultation with young people, parents, clinicians, researchers, creative partners, education partners, and healthcare organisations.

The resources are designed to provide young people aged 14 to 17 with the facts about vaping so they can make informed decisions by addressing the myths around vaping and increasing awareness about the associated dangers and health impacts of vaping. They also provide awareness and education about e-cigarettes to parents and teachers.

The “Do you know what you’re vaping?” resources include a range of posters and fact sheets for students, parents, and teachers.

The “E-cigarettes and Vaping” page on the Department of Health website has been updated and includes links to the “Do you know what you’re vaping?” resources.

See: health.tas.gov.au/vaping.

Please email yph@health.tas.gov.au for:

- printed copies of the posters or
- a package of social media posts.

DECYP has also launched a new webpage for e-cigarettes and vaping including a link to the “Do you know what you’re vaping?” resources:

<https://www.decyp.tas.gov.au/about-us/projects/child-student-wellbeing/vaping/>

NEW “Smoke free also means Vape free Signage

Smoke free areas apply to all smoking products, including e-cigarettes.

To reinforce the message that e-cigarette use is harmful, new signage has been approved by the Director of Public Health to remind Tasmanians that all public areas designated as smoke free must also be vape free – something that is commonly misunderstood.

School premises will also be encouraged to use the signage which is available at [No smoking or vaping signs | Tasmanian Department of Health](#) smoke free also means vape free.

Let's spread the word about the harms of e-cigarettes and protect our young people!